

# VOLLEYBALL Open Gym & Summer Camps



## ALBEMARLE COUNTY VOLLEYBALL CLUB(ACVC)

**OLDER THAN 18?** Come join our co-ed adults on Thursday nights at Sutherland Middle School from 7-9pm for **LOTS** of competitive fun! Come knock some rust off and get back in the game!

**Next Session Dates:** May 2 – Aug 29  
(No session July 25 & Aug 1)

**Fee:** \$50

## ACVC grades 8th-12th

**ACVC is offering weekly OPEN GYM** volleyball practice for girls grades 8-12. Want to get more ball time, work on your serve, scrimmage to gain more experience? This is your opportunity to step up your game! Space is limited to 18 players, so sign up early!

**Grades:** 8th - 12th grades girls

**Location:** Hollymead Elementary School

**Time:** Thursday 6:30-8pm

**Session Dates:** April 11-June 20 10 weeks

**Fee:** \$50

## Volleyball Clinic grades 6<sup>th</sup>-12th

Girls 6th grade thru 12th grade will experience volleyball related games to challenge and improve hand eye coordination, personal strength, confidence, agility and much more.

**Location:** Western Albemarle High School

**Date:** Saturday, May 18

**Time:** 9:00-12noon

**Fee:** \$40



## SUMMER VOLLEYBALL CAMPS (Girls grades 6-12)

### **2019 Summer Camps:**

TIPS is excited for our **16<sup>th</sup>** successful year! Not only are we bringing back the signature skill instruction, leadership coaching and wellness enhancing aspects of TIPS, **WE ARE BETTER THAN EVER!** Our 2019 summer camps are lengthened each day to allow for a more thorough and in-depth experience. Concentrated skills and drills, athletic conditioning, lessons in health and wellness and our popular leadership coaching will fill the day and players will come home a better teammate, a stronger leader and a healthier young woman.

**Camp Directors:** Janet Hefren & Mandy Newberry

**Monday-Thursday 4-day Camp 9:00am – 2:00pm**

**Location:** Sutherland Middle School for All Skill Camps

**All Skill Level Camp:** June 17-20, (6-12grade) Fee \$195

**All Skill Level Camp:** July 15-18, (6-12 grade) Fee \$195

**Monday-Thursday 4-day Camp 9:00am – 12noon**

**Advanced Camp:** July 15-18, (9-12 grade) Fee \$125

**Location for Advanced Camp:** Hollymead Elem

## VARSITY & JV PREP VOLLEYBALL CAMP

Camp is for girls who have already played at least one season on a high school Varsity or JV team, allowing them to play competitively amongst similarly skilled athletes. Join other Varsity and JV players for a week of intense fine-tuning prior to high school tryouts.

**Location:** Hollymead Elementary School

**Dates:** July 15-18

**Time:** 12:30-2:00pm

**Fee:** \$45