

# Boys Basketball Skills Academy & Shooting Camp 2019

Basketball Skills Academy and Shooting Camp is actually a position camp for all basketball players. Ball handling skills will be covered for all positions. Much time and effort will be spent attempting to perfect proper shooting form. The essentials of offensive and defensive guard play will be taught. In addition to guard play, we will also break down post offensive play, post defensive play and rebounding. This camp is a very serious learning experience. The campers will take notes in individual notebooks and spend about half their time in the classroom for lectures and instructional videos. This camp is a wonderful learning opportunity for the serious basketball player. If you want to get ahead of the competition, this is a great camp for you.

## Who is Basketball Skills Academy and Shooting Camp for?

It is for mature, serious-minded basketball players. All players will benefit greatly, no matter what position they play. This camp is for dedicated athletes who are serious about improving and getting to another level of performance. It is an intense learning experience where campers will spend considerable time in the classroom as well as on the court.

**DATES:** Saturday in May

**TIME:** 9am-4pm

**COST:** \$75

**Please see website for Date/Time.**

**PLACE:** Western Albemarle H.S. Gym

\* Camp is for rising 7<sup>th</sup> to rising 12<sup>th</sup> grade boys

\* Sports drinks will be available for purchase.

\*Due to construction, camp cannot be held like previous summers.



## Camp Director:

Darren Maynard: Head Boys Basketball Coach at Western Albemarle High School. Coach Maynard is a 5-time winner of the Jefferson District Coach of the Year. As well as a multiple winner of the Region 2 and Central Virginia Coach of the Year Awards.

## Other Instructors:

Western Albemarle High School Staff