



Tennis (Boys & Girls ages 4-12)

What is QuickStart Tennis: It's a fun, new format to teach tennis to kids, using smaller rackets, shorter courts, lower nets, foam and low-pressure balls, simplified scoring, and an emphasis on teamwork. While learning tennis, kids also improve their motor skills, hand-eye coordination and movement abilities. QuickStart makes the learning process easier and more fun! All SuperStarters tennis programs use QuickStart methodology to help kids learn to play, and play to learn!

Tennis equipment will be provided. Please wear sneakers & bring a water bottle.

Tennis Lessons at Darden Towe Park
For all kids ages 4-11 who want to learn, improve and practice their tennis! Learn to rally and control the ball, build motor skills & have fun! We will segment groups by age and/or ability levels to ensure appropriate groupings. Lessons include 6 Saturdays. (Rain Make-up July 28)

Ages	Time	Dates	Cost
4-7 year old Beginners <i>Bright Stars (4-5yrs)</i> <i>Shining Stars (6-7yrs)</i>	9am – 10am	Saturdays , June 15 – July 20	\$52 Alb. Co. Res. \$62 NCR
8-11 year old Beginners <i>Rising Stars (8-9yrs)</i> <i>Blazing Stars (10-11yrs)</i>	10am-11am	Saturdays , June 15 – July 20	\$52 Alb. Co. Res. \$62 NCR

**THE NEW TENNIS
GENERATION**



FITT Club (Fun, Improvement, Team Tennis!)
FITT stands for “Fun, Improvement, Team Tennis” and it’s for kids who want to be on a tennis team and experience match play. The Summer Club includes some Saturday practices, and some play days (match schedule TBD). Kids must be able to rally, ie., hit the ball consistently (three or more times) over the net, know how to keep score, and serve overhand. Club is by invitation, but there is room! If you are interested in Club FITT, please contact Dr. E at ellen@superstarterssports.com for more information on schedule, player criteria, and how to register.

***Check out all SuperStarters programs at www.superstarterssports.com**