



# CAREGIVERS RESOURCE LIST

## ALBEMARLE COUNTY & CHARLOTTESVILLE

*"You are doing the best you can, you are not alone, others can help."*

**MAY 2006**



**NOTE:** ALL AREA CODES (434) UNLESS OTHERWISE INDICATED

### PUBLIC SERVICE AGENCIES

Albemarle Co Social Services 972-4010  
 Charlottesville Social Services 970-3400  
 Thomas Jefferson Health Dept. 972-6200  
 Jefferson Area Board for Aging 817-5222  
 Region Ten 972-1800  
 Social Security Admin. 294-1144  
 VA Dept for the  
     Visually Handicapped 800-622-2155  
 MACAA 295-3171

### TEMPORARY FINANCIAL ASSISTANCE

MACAA 295-3171  
 Salvation Army 295-4058  
 CARES 295-3171 ext. 4

### FOOD RESOURCES

Community Meals On Wheels 293-4364  
 Emergency Food Bank 979-9180  
 Food Stamps: see social service agencies  
 Home Delivered Meals For Seniors 817-5260  
 On Our Own Drop-In Center 979-2440  
 Salvation Army Public Meals 295-4058

### HEALTH/MEDICAL ASSISTANCE

Charlottesville Free Clinic 296-5525  
 Hospice of the Piedmont 817-6900  
 Martha Jefferson Hospital 982-7000  
 Medicaid: See Social Service Agency  
 Medicare: See Social Security Admin.  
 Salvation Army Medical Assist. 295-4058  
 University of VA Hospital 924-0211

### HOUSING RESOURCES

AHIP Home Rehab & Repair 817-2447  
 Albemarle Co. Housing Office 296-5839  
 Charlottesville Redevelopment & Housing  
     Authority 296-1863  
 Fuel Assistance: See social service agencies  
 PACEM for Homeless 465-1392  
 Piedmont Housing Alliance 817-2436  
 Salvation Army Homeless Interv. 295-4058  
 Shelter for Help in Emergency 293-8509

### LEGAL ASSISTANCE

Central Virginia Legal Aid Society  
     Piedmont Office 296-8851  
 Legal Aide Justice Center 977-0553

### TRANSPORTATION

Charlottesville Transit 970-3840  
 Disabled Veterans (to McGuire) 979-4700  
 JAUNT 296-6174  
 Medicaid-Logistic Care 866-386-8331  
 Wood Medical Trans. 977-1285

### SUPPORT GROUPS

Alcoholics Anonymous 972-7011  
 Al-Anon 972-7011  
 Alzheimer's Assoc. 973-6122  
 Hospice 817-6900  
 Mental Health Assoc. 977-4673

### SOCIALIZATION & RECREATION

ARC of the Piedmont 977-4002  
 JABA Adult Day Care Center 817-5234  
 Mary Williams Senior Center 817-9424  
 Senior Center, Inc. 974-7756

### CASE MANAGEMENT

Advocates 293-4508  
 Albemarle Co DSS 972-4010  
 Charlottesville DSS 970-3400  
 Full Potential 973-0893  
 Independent Resource Center 971-9629  
 JABA 817-5260  
 Region Ten Mental Health 972-1800  
 Region Ten Mental Retardation 972-1800  
 VA Dept for the  
     Visually Handicapped 800-622-2155  
 WorkSource Enterprises 971-1730

### QUALIFIED SUBSIDIZED HOUSING FOR SENIORS

Crescent Halls 296-1863  
 Midway Manor 971-6770  
 Monticello Vista 971-6570  
 Parks Edge 973-4770  
 Ryan Apt. School 263-5819  
 Scottsville School Apt. 286-4447  
 The Meadows 823-4683  
 Wilton Farm 295-7368  
 Woods Edge 975-9090

### AREA RETIREMENT COMMUNITIES

Arbor Crest 978-1352  
 Branchlands Village 973-9044  
 Colonnades 963-4198  
 Crescent Hall 970-3253  
 Jefferson Heights 977-4094  
 Martha Jefferson House 293-6136

### AREA RETIREMENT COMMUNITIES - CONT'D

Our Lady of Peace 973-1155  
 University Village 977-1800  
 Westminster Canterbury 972-2622  
 Woods Edge 975-9090

### CONTINUING CARE FACILITIES

Colonnades 963-4198  
 Our Lady of Peace 973-1155  
 Westminster Canterbury 972-2622

### ASSISTED LIVING FACILITIES

Colonnades 963-4198  
 Evergreene Manor 985-4412  
 Gibson Adult Home 823-6810  
 Morningside 971-8889  
 Martha Jefferson House 293-6136  
 Mountainside 823-4307  
 Our Lady of Peace 973-1155  
 Pine Grove 295-1158  
 Reaves 296-4387  
 Riverdale 293-9845  
 Rosewood Village 975-5079  
 The Village at Gordon House 540-832-2286  
 Westminster-Canterbury 972-3100  
 Winterhaven 977-0002

### NURSING HOMES

Colonnades 963-4198  
 Evergreene 985-4434  
 Heritage Hall 978-7015  
 Louisa Health Care 540-967-2250  
 Lovingson Health Care 263-4823  
 Martha Jefferson House 293-6136  
 Our Lady of Peace 973-1155  
 The Cedars 296-5611  
 The Laurels 951-4200  
 Trinity Mission 973-7933  
 Ruxton Health at The Village 842-2916

### HOME HEALTH AGENCIES

Advantage Care 974-9015  
 Assured 977-0692  
 Care Advantage 973-2000  
 Comprehensive Home Care, Inc. 581-2502  
 Continuum Home Healthcare 984-2273  
 Home Instead 979-4663  
 Interim Health Care 295-5501  
 Martha Jefferson Home Health 971-5200  
 Medical Staffing 977-7778  
 T & L Companions 589-2700