



# SIRENS

Fall/Winter 2022

## News & Information for Albemarle County Fire Rescue



### ACFR Welcomes New Firefighters



Front row: Michael Parker, John Barger, Calvin Nguyen, Eric Sadlon, Zach Poole, and James Williams  
Back row: Captain Dan Spearin, Firefighter Robert Greene, and Senior Firefighter Sean Ryan.

Albemarle County Fire Rescue (ACFR) is proud to introduce its newest class of firefighters. During a 12-week abbreviated recruit school led by ACFR career staff, a class of six firefighters with previous experience, also known as lateral recruits, went through skills evaluations, learned the ACFR way of firefighting, and reviewed the ACFR emergency medical services treatment protocols. Additionally, they became certified as child passenger safety technicians and learned new skills in technical rescue as well as advanced firefighting.

This group of firefighters were selected for their varied backgrounds and they will bring a wealth of experience to our department.

“ACFR personnel are highly trained and motivated to provide the highest quality service to the residents of Albemarle,” said Albemarle County Fire Rescue Chief Dan Eggleston. “These individuals were already trained firefighters elsewhere and chose to come to ACFR because of the standard of care and quality of the department, and we warmly welcome them to the family.”

A pinning ceremony was held on Thursday, December 15, 2022, to celebrate the accomplishments of these firefighters. Pinning

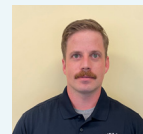
ceremonies have a long history as a fire service ritual – a rite of passage into a profession committed to a level of service and sacrifice above and beyond that of other disciplines.

We welcome the newest class of firefighters, who began their service at stations throughout the county on December 17, 2022.

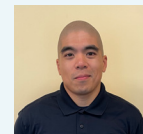


### NEWS BRIEFS

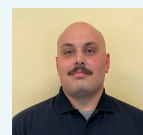
#### Welcome to Fire Rescue



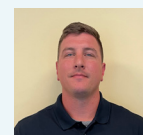
John Barger



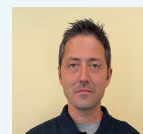
Calvin Nguyen



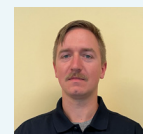
Michael Parker



Zach Poole



Eric Sadlon



James Williams

#### Calls for Service

January 1 - October 26, 2022

EMS .....	10,287
Fire.....	2,400
HM .....	508
Rescue .....	889
Other .....	44
<b>Grand Total.....</b>	<b>14,128</b>

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## Letter From the Chief

It is hard to believe we are already in a new year. As I reflect on the accomplishments we've made and the challenges we've overcome this year, I am immensely grateful to work with such a talented, dedicated team of public servants; I could not be more proud to lead this department.

During the recent Executive Staff station meetings, we discussed these challenges as well as possible measures to relieve the pressure while we await the release of staff currently in training. These discussions were engaging and demonstrated the commitment of the members of this department to care for one another

while providing the best possible service to the community.

One relief measure discussed during these meetings was implementing further service reductions at Earlysville as part of dynamic staffing in an effort to reduce holdovers. At many stations, we discussed the possibility of a metric, or series of metrics, to determine when we might switch to this measure. It is, however, hard to distill the impact of holdovers down to a few metrics. While the frequency and overall number of holdovers are important to consider and easy to measure, employee morale and capacity for overtime is harder to measure. With that in mind, as well as the increase we saw in holdovers beginning in October, we decided to begin further reductions at Station 4 beginning December 5.

Although we would prefer not to reduce service at all, careful consideration indicated that reducing service at Earlysville would be the least disruptive. Although the Earlysville engine and ambulance are out of service in this scenario, other stations within ACFR can still provide fire and EMS coverage to the Earlysville first due area at an increased response time. Earlysville's station is the best option for the reduction in staff because of the low daytime call volume and its proximity to Station 12

in Hollymead. The recommendation and analysis in the Board-adopted Standards of Response Coverage (SOC) support this conclusion. That report indicates that responses in the Earlysville area (a designated rural area), may be covered within response time goals from Station 12.

It is important to note that this a temporary measure we expect to continue through the end of March 2023. At that time, we anticipate that between the conclusion of Recruit School 21 and the current paramedic program, 13 personnel will be released in the field. Additionally, the Executive Staff had 22 individuals accepted job offers for a recruit school that will begin in late January and conclude in the summer of 2023.

ACFR has experienced rapid and significant growth over the last several years. While this is an exciting time, such growth often means growing pains. You all are the backbone of our success as a department, and I want to thank you for your continued hard work in the face of these stressors. I recognize that you often spend the holidays away from your families in service to our community, but I hope you find some time to rest, recharge, and spend time with loved ones during this holiday season.

—Chief Dan Eggleston

## Meet Chris Platania

Greetings, — By now I have had the pleasure of meeting many of you during my station visits and ridealongs. For those of you who I haven't met yet, I am excited to be joining your community as the department's new Behavioral Health Clinician. I am coming to ACFR after working with the Charlottesville Fire Department for the past three years. In addition to my work with CFD, I've been in private practice in Charlottesville for the past 10 years. I discovered my passion for working with first responders accidentally in 2017, but it has quickly become my central focus. I have a deep appreciation for the vital role first responders play in our community and it's a privilege to offer guidance and support to help you stay strong both mentally and emotionally. I love both the team mindset and



variety that this setting offers. I can honestly say that I've never had the opportunity to complete an agility course, chop vegetables while discussing suicide prevention, get roped into a volleyball game in high-heeled boots, or suit up in turnout gear working in private practice. I'm always up for a good challenge!

You may be wondering what my new role means for you and your peers. You are lucky

to have a skilled and dedicated Peer Support Group available to you. Since we know that mental health is not "one-size-fits-all," my role is meant to be an additional layer of support beyond your peers. Here is a brief overview of the services I'll be offering at ACFR:

- Regular training and consultation with your Peer Support Members
- Up to 5 individual counseling sessions
- Referral to community resources and therapists with expertise working with first responders
- Small group resilience trainings and discussions
- Support and debriefings after bad calls

Most importantly, I'm interested in getting to know each of you and giving you the opportunity to get to know me. I look forward to seeing you all at your stations in the coming months.

## Life As You Climb

BY JOHN TARAVELLA

It was the Summer of 2006. I was sitting in a humid, hot, dusty dugout somewhere at a baseball field in Murfreesboro, Tennessee. It was the last game of the season, and for many of us, our baseball careers (if you could call it that). Neither I nor any of my teammates were Captain Foss-caliber baseball players, nor were any of us scheduled to enter the MLB draft that following year. But that did not matter. Our assistant coach, Mr. Bill Middlebrooks, gave generously and freely of his time and talent.

Mr. Middlebrooks was tasked with organizing all logistics when it came to our summer baseball season. He ensured uniforms were ordered, hotels were booked, and that everyone was sure of when and where practices were being held throughout the season. He invested in us and worked diligently and efficiently to help us have a fun and successful season. He took his role and responsibility seriously. He did not treat us as the young, teenage players we were, handled his responsibilities as if our team was a professional operation.

We sat in the grassy outfield and listened to the remarks of our head coach, Dan Smith, who spoke first after the game. Coach Smith gave us the standard, 'you all did a great job and should be proud of the efforts you put into the season and the game' speech. Mr. Middlebrooks shared something that has stayed with

me for over a decade. Mr. Middlebrooks told us to, 'reach down and lift as you climb.'

Mr. Middlebrooks explained that it is important that we extend a hand to those younger players coming up through the ranks to help teach, grow, and mentor them. We must teach younger players the lessons and skills taught to us when we were young and the game of baseball was new to us.

What does this have to do with firefighting? Well, we just had a third recruit school graduate with a class in double digits. Recruit School graduation day is huge. Said graduation represents six months of hard work and late nights for these new firefighters. There are some folks in the department that realize what an accomplishment this is for newly graduated firefighters. Others might feel as though the true work doesn't begin until after graduation and these new firefighters 'hit the field.' We must all work to help those coming up through the ranks; it's a big transition to move from recruit school EMS and fire scenarios to real-world calls. We must work diligently to faithfully observe and preserve the traditions veteran firefighters have established before us. New firefighters must be taught from the ground up. We must lift as we climb.

The words Bill Middlebrooks shared have stayed with me for so long because he stood behind those words. He quietly and humbly led by example without seeking any recognition or accolades. Mr. Middlebrooks was committed to the success of the team and those around him

without any concern or worry as to who may (or may not) get the credit. Make no mistake, living out the 'lift as you climb' philosophy is eons away from 'easy,' but I would submit that living this way is the only way to secure a successful crew and department. I also recognize that living this way is anything but convenient; investment in others and ensuring things are done according to a standard takes an incredible amount of time and energy. It often requires late nights and early mornings. It requires tough conversations and dedication to our craft, crew, and department.

At the beginning of October, Mr. CodyBear Main accepted a job in Florida; he will be moving onto a job with MSA. Master Firefighter Main exemplified the hard work and investment required to help those newer firefighters come up through the ranks and grow with the knowledge required to be a competent firefighter. Not only did I witness Master Firefighter Main live out the sentiment 'lift as you climb,' I saw him bring individuals and a crew together - inside and outside of work. CodyBear loved to work hard and play hard. With him, goes over a decade of experience between his time at Waynesboro Fire Department and his time with Albemarle County Fire Rescue. MFF Main demonstrated every single day the importance of passing along his knowledge to whoever wanted or needed it. Thank you for all your hard work and your investment in me, CodyBear. Thank you for reminding me to 'lift as I climb.' We've got some big boots to fill.

## Award for Valor

ACFR recently recognized the valiant work of Firefighters Christopher Oakley and Benjamen Noble with ACFR's Award for Valor, a recognition for ACFR members who have demonstrated exceptional bravery, selflessness, and commitment to the mission.

During a recent response, these two men displayed calm, skill, and courage. Their exemplary actions undoubtedly resulted in their saving the life of a trapped resident.

Before presenting the award to Firefighters Oakley and Noble, Fire Rescue Chief Dan Eggleston described the incident that prompted the nomination for this prestigious award.

Around 2 am on September 24, 2022, Medic 17, staffed by these two firefighters, was dispatched to a fire at an apartment building in the downtown area of Scottsville along with a complement of fire apparatus and chief officers. Firefighters Oakley and Noble arrived on the scene in their ambulance prior to the



Firefighter Benjamen Noble, Chief Dan Eggleston and Firefighter Christopher Oakley.

closest fire station and were faced with the daunting task of responding to an active fire without the support of a fire engine.

Firefighter Oakley assessed the scene by performing a walk-around of the structure. He observed smoke visible from the second story and met a group of occupants who had

evacuated the building, but it was quickly determined that one person remained inside. At this point, Firefighter Oakley updated the Emergency Communications Center that they had a working fire and would be in Rescue Mode.

Firefighters Oakley and Noble donned protective gear and breathing apparatus and prepared to enter the building carrying a portable 2 ½ gallon water can. Once they entered the apartment unit, Firefighters Oakley and Noble found floor-to-ceiling smoke. As they searched for the victim, they worked to keep the fire in check with the water can.

Within minutes, they found the occupant and safely removed her from the building while also continuing to dampen the fire that was actively burning. Once the victim had been taken to safety, Firefighters Oakley and Noble re-entered the building to limit the fire from spreading any further.

Thank you to Firefighter Christopher Oakley and Firefighter Benjamen Noble for your courageous actions and strong work.

# LIVE BURN



Firefighter Raymond Ban opened his eyes and stretched. He yawned and climbed out of bed as the 0545-alarm sounded. Ray grabbed a cup of coffee and bagged up the trash to carry it outside. He was staying on shift for storm staffing and was glad the night's sleep had been relatively uninterrupted. As he carried the trash to the dumpster, he could see the beginnings of a blood red sunrise in the east. The air had a distinct chill to it and he shivered as he dumped the trash. He paused by the diesel tree at the pumps and straightened the Christmas angel on top.

The crews were beginning to assemble in the dayroom and the water rescue team Ray would be joining was debating various bowline knots. A Hallmark movie with Sally Field played in the background, and the Battalion Chiefs worked on staffing assignments at the table. After a quick meeting the crews broke out to load Boat 11 into Choppy.

By the time lunch was over, the county was in the midst of a torrential downpour. Rain and wind were pelting the building and calls for down trees began to flood in. The rain didn't let up for hours. The Hallmark Channel had been switched to the Weather Channel and the news anchor hurriedly read flash flood warnings. The county had received an unprecedented 15 inches of rain in four hours. The storm was beginning to pass, but every low-water crossing was blocked.

At 1715 the station tones lit up. The bridge at N. Milton had washed out. The combination of high water and tangled trees had carried the bridge away, along with a vehicle. The water rescue team sprinted to Choppy and found Leo already had the rotors turning on the pad. The warm engine wash was a nice respite from the cold rain. Updates read they were looking for a single vehicle with one entrapped occupant.

Choppy was on scene in minutes and the blue lights from the police cars blocking both sides of the bridge flashed inside the cabin. They began searching downstream

and the crew chief periodically updated the conditions, "the water is moving quick, but I'm seeing very little debris."

Several hundred yards downstream he spotted what appeared to be the roof of a car. "Looks like it's submerged to the roof," he relayed. "We'll put you out nearby and then drop the downstream crew."

Leo brought the helicopter to a foot off the water and the crew launched the boat. Diane dropped the motor and revved the gas. The boat surged forward into the current parting the spray curling off Choppy's rotors. Diane took the boat to the car and Miguel and Ray climbed onto the roof. They could hear muffled screams and pounding from inside.

Miguel leaned down and found the windows still intact. Ray focused on the smell of acrid smoke coming up from around the vehicle.

"I think this is an electric vehicle," said Ray. "Maybe the batteries ruptured during the collapse? We need to cut the roof. I'm not sure where the high voltage lines in the posts run."

Ray turned his attention to the occupant and yelled, "lay on the floorboard, we have to cut the roof!"

The screams went quiet, and Miguel buried a Halligan spike in the corner of the roof for a starting point. Ray grabbed the reciprocating saw from the boat and cut a triangle Miguel could peel back. A terrified teenager emerged from the vehicle in a cloud of wispy smoke. Miguel quickly wrapped him in a PFD while Ray called Leo for extraction.

After the run to the hospital, Choppy thundered back to the pad next to Station 11. It was just starting to lightly snow and Jimmy Dimes was there to guide Leo in backing Choppy into the hangar. The crew walked back to the station in the dark and Ray could hear someone arguing about the benefits of a smooth bore versus a fog nozzle behind him. He stopped in front of the diesel tree and set his bag down. After all that wind and rain the angel on the tree hadn't even moved.





**Matt Page**  
EVFC EMS Lieutenant  
I moved from my native New Hampshire to open Charlottesville's new L.L. Bean store in 2017. We quickly fell in love with the area, bought a home in Earlysville the follow-

ing summer, and soon after that I started to volunteer with the Earlysville Volunteer Fire Company.

**Q.** What are your roles within ACFR & EVFC?

**A.** I initially wanted to take Fire 1 and had no desire to be involved in EMS; however, as the manager of a retail store, I couldn't justify taking every Saturday off for the class, so I

took the EMT course. I'm happy I was forced to make that choice as it has uncovered my passion for providing medical care for those in need and opened many doors for me - I'm now the EMS Lieutenant for EVFC, I work part-time for ACFR as an EMT instructor, and I teach BLS part-time with the Life Support Learning Center at UVA.

**Q.** How has volunteering with EVFC & working with ACFR changed you?

**A.** One of the most valuable parts of my volunteer experience has been the many great friends I have made. I have also developed skills that have built up my ability to respond in emergency situations. I have had many opportunities to work alongside ACFR personnel and have gained a lot of experience and knowledge from ride-alongs and running calls together. This has all helped to shape me into the person I am today, and I'm grateful to EVFC and ACFR for that.

**Q.** What do you love about your role? How are you going to evolve?

**A.** I really enjoy my role as an instructor and EMS Lieutenant because I get to work with a lot of new and aspiring EMTs. Training

new folks is a great way for me to keep my skills sharp. I also really enjoy seeing someone go from simply observing and helping on calls to developing their self-confidence, running their own calls, and working toward their BLS release within ACFR.

**Q.** What advice have you got for new EMS students?

**A.** The most important thing is to make sure you have time outside of class to study! The EMT course is a big undertaking and there is a significant amount of information that must be learned in a short amount of time. To succeed, you must have time you can dedicate to reading the textbook and practicing the required skills.

**Q.** What do you do outside of EMS?

**A.** I enjoy spending time with my wife, Alexa, and our newborn daughter, Bellamy. I also enjoy gardening and hope to develop some of our land into a produce garden. Additionally, I run a compost collection service called Life Cycle Organics.

## Compliance Corner

There are many responsibilities that a HIPAA-compliant privacy officer is responsible for. Along with developing a privacy program (a program that is in place to protect the integrity of PHI) he or she is responsible for supervising employee privacy training, managing risk assessments, and establishing procedures that exceed the HIPAA-compliant policy.

Through investigation, monitoring, and reporting breaches, the HIPAA privacy officer also ensures patients' rights are acknowledged within the state and federal laws.

### References

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## Fire Incidents

Date	Street	Incident Type	Resolution/Cause
5/7/22	Alwood Lane	Structure Fire	Undetermined
5/21/22	People Place	Structure Fire	Arson
7/5/22	Schuyler Road	Structure Fire	Unauthorized burning of an abandoned home
7/25/22	Steeplechase Run	Structure Fire	Lightning strike
8/9/22	Frays Ridge Road	Structure Fire	CSST gas line failure
8/11/22	Dudley Mountain Road	Structure Fire	Failure of an operating generator
8/11/22	Old Trail Drive	Structure Fire	Flammable liquid vapor ignition

## Spinach Omelet with Gouda



Jazz up breakfast with this omelet recipe with spinach and Gouda. This hearty omelet boasts 22 grams of protein in a single serving.

<b>Course</b>	Breakfast	<b>Cook Time</b>	10 mins
<b>Cuisine</b>	French	<b>Total Time</b>	20 mins
<b>Keyword</b>	omelet	<b>Servings</b>	1 serving
<b>Prep Time</b>	10 mins	<b>Calories</b>	246 kcal

### Ingredients

- 3 large egg whites
- 1 tsp. olive oil
- 2 cups fresh spinach
- 1/4 cup sweet white corn kernels
- 1/4 oz. shredded smoked gouda cheese (2 Tbsp.)

### Instructions

1. Place egg whites in a small bowl. Season with salt and pepper if desired; whisk to blend. Set aside.
2. Heat oil in medium nonstick skillet over medium-high heat.
3. Add spinach; cook, stirring frequently, for 2 to 3 minutes, or until wilted.
4. Add corn; cook, stirring frequently, for 2 to 3 minutes or until warm. Remove from pan. Keep warm.
5. Heat skillet over medium-low heat. Add egg whites. Do not stir. As eggs set, lift edges, letting uncooked portion flow underneath.
6. When eggs are almost set add spinach mixture and cheese. Cook for 1 to 2 minutes, or until heated through. Gently fold in half.

### Nutrition Facts

Calories 246 Calories from Fat 81  
% Daily Value\*

■ Fat	9g	14%
■ Saturated Fat	3g	19%
■ Cholesterol	16mg	5%
■ Sodium	670mg	29%
■ Carbohydrates	16g	5%
■ Fiber 4g	17%	
■ Sugar 9g	10%	
■ Protein 22g	44%	

## What's the worst thing you've ever seen?

BY KEVIN FREIER

I'm sure we've all been asked this question a time or two over the course of our careers and whether it's from the mouth of a naïve family member, a curious friend, or a drunken stranger whose sister's boyfriend's cousin was once a firefighter for ten minutes back in the 80s, it always seems to hit the same. But regardless of how callous and cringeworthy it might sound, I try to not fault them for asking because I get it. Humans are naturally curious beings, and the fire service in particular has a certain allure to it that often attracts heightened interest from outsiders.

So, when my uncle recently asked me this question at a family gathering it got me thinking. Why is it always the "worst" thing and never the "best" thing? Sure, blood and guts make for a great story, but at the end of the day we aren't strictly one-dimensional beings with a one-dimensional job. In fact, there is a whole other side to firefighters that cinematic portrayals like *Emergency!* and *Chicago Fire* seem to exclude in their comically inaccurate episodes. A side that admittedly might not be as action packed and interesting, but a side that is debatably just as, if not more, important than the other.

For instance, we pick grandma and grandpa up off the floor at 2 am. We teach people the importance of healthy habits and incident prevention. We install lifesaving equipment. We help comfort the sick, the sad, the scared, and the dying. We help those who have been abandoned by society obtain the assistance that they need to survive. We make little kids' days with our big trucks and cool gear. We share laughs around the dinner table. We pull pranks on each other. We commiserate over duty shorts and staffed truck companies. We make lifelong friendships.

The list goes on and on, but the point that I am trying to make, is that we in fact do and see an unbelievable amount of good on a daily basis. And I know it might not seem like it after running your third priority black of the tour or doing the nursing home shuffle all night long at Medic 18, but it's important to remember that this job isn't always just the "worst" things. Because in a world full of fatal car wrecks, never ending midnight lab values, ROSCless codes, and sick kids, but the fire service sure does breed a lot of "best" things. Sometimes you just have to open your eyes to see them.

# Celebrating Years of Service

## 5 years

Scottsville.....Anthony Kober  
 Seminole Trail.....Gary Vaclavicek  
 WARS ..... Robert Sam Anderson  
 Scottsville..... Travis Burnett  
 Seminole Trail..... Anthony J Mannone  
 Seminole Trail..... Richard Kinsley  
 WARS .....Michael Barber  
 Seminole Trail..... Andrew Harrison Brookeman  
 Scottsville..... Randy Woodson Jr  
 WARS .....Ryan Connor Thomas  
 Stony Point ..... Bryston Frazier  
 WARS ..... Emma Carson Freeauf  
 North Garden..... Richard N Salaway  
 ACFR ..... Andrew Tyler McDaniel  
 ACFR ..... Damian Alan Scott  
 ACFR ..... David Alan Carnes  
 WARS ..... Grace Foster  
 Seminole Trail..... Seneca Tsang  
 Seminole Trail..... Henry Nixon  
 Seminole Trail..... Jack West  
 North Garden..... John Norin  
 Seminole Trail..... Nathaniel Richardson  
 North Garden..... Dustin Tyler Moore  
 Seminole Trail..... Evan Thomas Wade  
 Earlysville ..... Dominique Barr  
 Earlysville ..... Courtney Shifflett  
 Earlysville ..... Cristina Ailes  
 Stony Point ..... Lindsay Carlesi  
 Crozet..... Ryan Lepsch  
 Crozet..... Jacob Jordan  
 East Rivanna..... Heather Shifflett  
 East Rivanna..... Chandler Proffitt  
 East Rivanna..... Carol-Ann Paget-Brown

## 10 years

Stony Point ..... Cara Metcalf  
 Scottsville..... Rusty Zimmerman  
 Scottsville..... Sean Brennan  
 ACFR ..... Alexander Colley  
 ACFR ..... Donavon Foss  
 WARS ..... Seth Wood  
 WARS ..... Stephanie Stewart  
 WARS ..... William Saul  
 ACFR ..... John Rebert  
 ACFR ..... Titus Castens

ACFR ..... Zachary Matthews  
 ACFR ..... Shawn N Maddox  
 WARS ..... Lucian A Mirra  
 Seminole Trail..... Eric M Moran  
 East Rivanna..... Robert Shifflett  
 Crozet..... Gary Dillon

## 15 years

Scottsville..... Lee S Fitzgerald  
 WARS ..... Patrick Watson  
 Scottsville..... Garrett Watkins  
 Scottsville..... Matthew Herndon  
 WARS ..... Melanie Welcher  
 ACFR ..... Andrew C Knick  
 ACFR ..... Douglas Brede  
 ACFR ..... Kenneth Naccarato  
 ACFR ..... Diane Butler  
 North Garden..... Andrew Thomas  
 Scottsville..... Dustin Herndon  
 WARS ..... Taylor Ashley  
 Seminole Trail..... Joshua Sparks  
 Crozet..... Jeffrey Bodine  
 Earlysville ..... Charles Shifflett

## 20 years

ACFR ..... Dustin D Bryant  
 ACFR ..... John D Eggleston  
 ACFR ..... Michael S Lambert  
 ACFR ..... Matthew T Ascoli  
 ACFR ..... Micaiah J Ledford  
 ACFR ..... Christopher E Braunger  
 ACFR ..... James W Walker  
 ACFR ..... John D James  
 ACFR ..... Matthew V Walker  
 ACFR ..... Reuben R Cowles  
 Scottsville..... Shawn Davis  
 East Rivanna ..... Jason Tetterton  
 East Rivanna ..... Pamula Butler

## 25 years

Scottsville..... James T Dudley  
 Scottsville..... Jason Pugh  
 Scottsville..... Michael R Grandstaff  
 Scottsville..... Phillip R Herndon  
 North Garden..... Mark A Tyree  
 ACFR ..... William C Brooks

## 30 years

ACFR ..... Robert "Bob" Larsen  
 East Rivanna..... Scott J. Davis

## 35 years

Scottsville..... Darrin Short  
 Scottsville..... Randy L Woodson

## 40 years

North Garden..... John H Shifflett  
 North Garden..... David L Allen

## 50 years

Scottsville..... Duane D Karr  
 Earlysville ..... Frederick L Huckstep  
 North Garden..... William L Johnson  
 East Rivanna ..... Carol Hood

# Releases

Scott Lambert	RSI Provider
Drew Knick	RSI Provider
Ryan Holbrook	RSI Provider
Joey Barbaris	RSI Provider
Zach Matthews	RSI Provider
Christian Castro	RSI Provider
Shane Corpolongo	RSI Provider
Bo Mason	RSI Provider
Ken Naccarato	RSI Provider
John Rebert	RSI Provider
Sean Watson	RSI Provider
Jordan Pouzar	BLS, EVOC II, FF
Ben Noble	BLS, EVOC II, FF
Michael Gramando	BLS, EVOC II, FF
Zachary Hogue	BLS, EVOC II, FF
Stuart Graham	BLS, EVOC II, FF
Xavier Bostick	BLS, EVOC II, FF
Grant Worsham	BLS, EVOC II, FF
Cameron Walker	BLS, EVOC II, FF
Gabriel Gallarzo-Flores	BLS, EVOC II, FF
Matt Friday	BLS, EVOC II, FF
Dylan Quinones	EVOC II, BLS, FF
Morgan Bettinger	BLS
James Rowse	MFF
Alec McKee	BLS, EVOC II, FF
Ben Jordan	DPO
Jacob Morris	SFF

SIRENS is the official newsletter of Albemarle County Fire Rescue and is published three times yearly.

The newsletter is available online at [acfirerescue.org](http://acfirerescue.org) with hardcopies distributed to each station.

**SUBMISSIONS:** Articles, feature stories, cartoons, photographs, upcoming training, station news, and station events and functions are welcome at any time and can be submitted to [ACFRSirens@albemarle.org](mailto:ACFRSirens@albemarle.org).

